

July 17th, 2015

To whom it may concern;

Our son, Ammon Johnson, class of 2016, has been involved with Athletics and Beyond since 2012. We were originally drawn to the program because of its progressive reputation for providing a well-rounded, genuine program with positive results for student athletes. From the very start, our son began to reap the rich benefits of the low-cost program.

Through our observation, the director, coaching staff, and supporting members of A&B have an immense amount of respect for the young adults in the program and, coupled with direct leadership qualities, have resulted in a group of young people who are more mature, self-aware, and prepared for the next level in their journey beyond high school.

By placing the utmost priority on academics, our son and fellow A&B members have become better students. Programs such as ACT prep, and tutoring resources have been invaluable. When our son started ACT prep classes, he had already taken the ACT exam twice prior. He struggled with completing each section in the allotted time. By the end of the ACT prep classes, when he took the practice test, and then the actual ACT test for the third time, he completed each section with confidence. The S.W.A.G. program also provided individual encouragement and incentives to increase grade point averages. Our son's GPA increased significantly after starting A&B, and as a result, he earned a pair of popular headphones. These types of motivations made a difference and have been truly rewarding.

As a family, we participated in workshops like college FASFA, and have been educated on the NCAA guideline process. These resources helped us navigate through an overwhelming phase of our son's life as he prepares for college.

The numerous community service opportunities have brought about humbling experiences. Through these activities, he has learned that one person can, in fact, change the world, and offer "hope." As parents, we were also given the opportunity to volunteer and give back in the community. With these philanthropic acts, we grew closer within our family, and with the A&B family. It has truly been heartwarming to see how many people within the community A&B has assisted with programs like the Hustle & Flow Athletics and Arts Festival, the Girls Empowerment workshop, the Boys' Life Beyond Sports, and many more.

On the athletic side of the program, we have been overjoyed and highly impressed with the amount of national exposure our son has received. Our son fell victim to a high school program in which his playing time at the varsity level was limited. Through the A&B 7 on 7 football program, our son has traveled to five states to attend college camps, combines, and to compete against some of the best high school players in the nation at events such as the IMG National Academy in Florida. He has visited over a dozen universities with A&B. The exposure has resulted in local and national press and several D1 and D2 university-level interest.

As our son enters his senior year of high school, we are confident that with the multi-faceted help that has been provided by A&B, he is well equipped for success in the classroom, on the field, and in any community or environment in which he lands post-high school and beyond. We look forward to the next phase of his involvement with A&B as he 'graduates' to the mentorship segment of the program.

We highly recommend A&B with the utmost regard to anyone wishing to advance their child's exposure in the academic, athletic and overall life skills' arena.

Sincerely,

John & Tasha Johnson

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